

Sensory Skills

Intent

Sensory sessions aim to support pupils to manage and explore their sensory needs safely. The pupils will learn about the world around them using their senses. Pupils will be able to explore at their own pace and their interaction and tolerance of others will be developed.

Implementation

The pupils will explore the environment using their senses by taking part in a range of practical activities e.g. music, movement, messy play, cooking and tuff tray activities. Adults will support pupils by modelling how to play and interact appropriately with the resources and with each other. Pupils will also have the opportunity to build and develop their language skills using intensive interaction strategies and encouraging pupils to develop their understanding of language.

Impact

Pupils will learn more about their environment and the world around them. They will have developed their interaction and communication skills by communicating with others with confidence. Pupils will develop their tolerance of others and their ability to share and take turns independently.

Literacy skills

Intent

Pupils will develop their phonological awareness, verbal memory and verbal processing speed.

Implementation

Pupils will develop their phonic knowledge and word attack skills. They will have the opportunity to recognise, sequence and recall the letters of the alphabet and learn about consonants and vowels. They will learn to read and spell level appropriate tricky words e.g. words that cannot be sounded out. The pupils will be encouraged to read level appropriate books and build a love of reading.

Impact

Pupils will have developed their accurate and fluent word reading and spelling skills.

Makaton

Intent

Pupils will learn a range of words and greetings so that they can express their wants and needs and enjoy an alternative method of communication.

Implementation

Pupils will take part in games, songs and rhymes that teach them simple words and greetings using Makaton signs and gestures. They will practise using these with others and this will also be embedded into their classroom routine. Pupils will be encouraged to use signs to express themselves by answering simple questions and finishing sentence starters. Pupils will practise signing emotions and learn how to ask for help.

Impact

Pupils will be able to express their wants and needs more confidently and participate in greeting their teachers and peers in the morning. Pupils will have another method of communication available to them that they can use to interact with others if they struggle with spoken language. Pupils will be able to understand the range of signs so that others can communicate with them.

Garden Room Spring Term Offer 2022-2023

Social Skills

Intent

Pupils will develop their social skills and their confidence speaking to less familiar adults or peers. Pupils will learn to take turns and share with others and develop their problem solving skills.

Implementation

Pupils will take part in a range of activities that promote social interaction and discussion. They will play games and complete tasks as a team and practise solving problems by role playing real-life scenarios. Pupils will be encouraged to share their ideas and opinions and listen to others. They will learn how to navigate disagreements and cope with conflict.

Impact

Pupils confidence will increase so that they are able to participate in conversations with their peers, teachers and class. They will be able to hold a two-way conversation and describe how to solve a problem. Pupils will develop turn taking and sharing skills to reduce conflict.

Art Therapy

Intent

Pupils will develop their ability to recognise, understand and regulate their thoughts, feelings and behaviours.

Implementation

Pupils will have the opportunity to participate in a range of fun, practical art and craft activities. They will be encouraged to create different images and objects linked to their thoughts and feelings and be supported to better understand themselves and find solutions if necessary. They pupils will explore different art techniques using a ranges of materials, media and tools.

Impact

Pupils will have developed their ability to recognise and regulate their thoughts and feelings. They will be able to manage their emotions and find solutions to their problems if/when necessary.

Lego Talk Therapy

Intent

Pupils will develop their communication, attention and listening skills.

Implementation

Pupils will participate in group sessions during which they will have a role: builder, director, supplier and/or architect. The pupils will be encouraged to listen carefully to others and follow or give instructions with multiple information carrying words. Pupils will work together in their team to achieve a shared goal.

Impact

Pupils will develop their vocabulary and ability to give or follow instructions with multiple information carrying words. They will learn how to work effectively as a team and will develop their attention and listening skills. Pupils will develop their knowledge of prepositions.

Yoga Therapy

Intent

Pupils will develop their ability to regulate themselves emotionally. They will increase their tolerance to a range of sounds and develop relaxation and self-soothing techniques.

Implementation

Pupils will be invited to participate in songs, games, yoga and listen to music with their peers. They will practise relaxation and self-soothing techniques like meditation and breathing patterns. Pupils will explore how we can express ourselves through music and movement and learn how some sounds are associated with emotions.

Impact

Pupils anxiety and sensory seeking behaviours will decrease as they are able to self-regulate. Pupils will have developed their self-awareness and will enjoy expressing themselves in different ways. Pupils' balance and motor skills will improve and they will make connections between sounds and emotions.